## Monday Tuesday Wednesday Thursday Friday 5 1<sup>st</sup> St David's Day 2nd 10 9.30AM -Words Minibus Trip to Severn Valley Country Park 2PM -2 Carpet Boules in the Exercise Lounge the 7th 5th 6th 8th 9th All Day Hairdressing with 9.30AM -10.30AM -10.30AM -9.30AM -Minibus Trip to The Minibus Trip to Bingo in the Lounge Melanie Arts & Crafts 10 10.30AM -Vineyards Sainsburys, Blackheath Knit & "What's in the Box?" 2PM -2PM -2PM -2PM -Painting and Colouring Moth Club 2014 -1 a in th er :he

4th

## **Grange Hill House March Activity Planner**

| Club                                     | 2PM –<br>Sit Up and Go with Vicky<br>in the Lounge                     | Singing to Olde Time Music   | Dominoes followed by<br>the Sweet Trolley | Flower Arranging in the<br>Dining Room      | Mother's<br>the       |
|--|--|--|---|---|-----------------------|
| 11th                                     | 12th   | 13th   | 14th                                      | 15th  | 16th                  |
| 10.30AM –                                | All Day Hairdressing with  | 9.30AM -   | 10.30AM -                                 | 10.30AM -                                   | 10.3                  |
| Song Stories with Henry<br>in the Lounge | <i>Melanie</i><br>11.00AM – Singalong with<br>Phil Sayer in the Lounge | Minibus Outing to<br>Hodge Hill Tea Rooms                          | "Play your Cards Right"                   | Minibus Trip to Bewdley<br>2PM –            | Reminisc<br>Staff &   |
| 2PM -                                    |  | 2PM -  | 2PM -                                     | Carpet Boules in the                        | 2                     |
| Arts & Crafts                            | 2PM –<br>Music Listening followed by<br>the Sweet Trolley              | Pamper Afternoon   | Bingo in the Lounge                       | Lounge                                      | Exercises<br>the      |
| 18th                                     | 19th   | 20 <sup>th</sup> 1 <sup>st</sup> Day of Spring                     | 21st                                      | 22nd  | 23rd                  |
| 10.30AM -                                | All day Hairdressing with  | 9.30AM –   | 10.30AM -                                 | 9.30AM –                                    | 10.30AN               |
| Bingo in the Lounge                      | <i>Melanie</i><br>10.30AM –  | Minibus Trip to<br>Worcester Cathedral                             | "Name that Tune" in<br>the Lounge         | Minibus Trip to<br>Rowberry's Garden Centre | Easter C<br>Lo        |
| 2PM –                                    | Skittles in the Lounge   |  |   |   |                       |
| Easter Bonnet Making                     | 2.15PM –<br>Yoga Class with Jayne in the<br>Lounge                     | 2PM –<br>Reminiscing Afternoon<br>followed by the Sweet<br>Trolley | 2PM – Planting Bulbs                      | 2PM –<br>Pontoon Game (21)                  | 2<br>Exercises<br>& R |
| 25th                                     | 26th   | 27th   | 28th                                      | 29th Good Friday                            | 30th                  |

| Sunday   |  |  |
|--|--|--|
|  |  |  |
| 3rd  |  |  |
| 10.30AM -  |  |  |
| Reading Club   |  |  |
| Catching up with the   |  |  |
| News.  |  |  |
|  |  |  |
| 5.45PM –   |  |  |
| Join in with Zion  |  |  |
| Church in the Lounge<br>10 <sup>th</sup> Mother's Day              |  |  |
| IN MULLIEL'S Day   |  |  |
| Enjoy a  |  |  |
| Mother's Day   |  |  |
| Lunch with a   |  |  |
| Glass of Prosecco  |  |  |
| oluss of Prosecco  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
| 17 <sup>th</sup> St Patrick's Day                                  |  |  |
| Eniov an Irish   |  |  |
| Enjoy an Irish   |  |  |
| Lunch  |  |  |
| accompanied by a   |  |  |
|  |  |  |
| Guinness.  |  |  |
|  |  |  |
|  |  |  |
| Guinness.  |  |  |
| <i>Guinness.</i><br>24th<br>Relaxing Morning                       |  |  |
| <i>Guinness.</i><br>24th<br>Relaxing Morning<br>2PM – Bingo in the |  |  |
| <i>Guinness.</i><br>24th<br>Relaxing Morning                       |  |  |
| <i>Guinness.</i><br>24th<br>Relaxing Morning<br>2PM – Bingo in the |  |  |
| <i>Guinness.</i><br>24th<br>Relaxing Morning<br>2PM – Bingo in the |  |  |
| <i>Guinness.</i><br>24th<br>Relaxing Morning<br>2PM – Bingo in the |  |  |
|  |  |  |

| 10.30AM -               | All Day Hairdressing with | 9.30AM -                 | 10.30AM – Easter      |                       |                        | 10.30AM – Eating      |
|-------------------------|---------------------------|--------------------------|-----------------------|-----------------------|------------------------|-----------------------|
| Song Stories with Henry | Melanie                   | Minibus Trip to Cadbury  | Bonnet Parade         | NO MINIBUS TRIP TODAY | 10.30AM – Catching up  | Easter Eggs           |
| in the Lounge           | 10.30AM –                 | World                    | followed by the Sweet |                       | with the News          | 2PM – Movie           |
|                         | Singalong with Musical    |                          | Trolley               | 2PM –                 |                        | Afternoon & Easter    |
| 2PM –                   | Instruments               | 2PM –                    | 2.30PM -              | Shut the Box Memory   | 2PM –                  | Parade                |
| Painting & Colouring    |                           | Residents Meeting in the | Rock Choir            | Game                  | Exercises with Jade in | 5.45PM – Join in with |
| Club                    | 2PM – Bingo in the Lounge | Lounge                   | Performance in the    | in the Lounge         | the Lounge             | Zion Church in the    |
|                         |                           | _                        | Lounge                |                       |                        | Lounge                |
|                         |                           |                          |                       |                       |                        |                       |